

## List of Diagnostic Studies and Prior Authorization Requirements

Please refer to the following list when processing requests for physician recommended studies.

COMMON STUDIES		LESS COMMON STUDIES		**NON-ROUTINE STUDIES	
<i>Prior Auth required at :</i>		<i>Prior Auth required at :</i>		<i>Prior Auth required at :</i>	
VCHCA Facilities/VCMC	No	VCHCA Facilities/VCMC	No	VCHCA Facilities/VCMC	Yes
Contracted Facilities	No	Contracted Facilities	Yes	Contracted Facilities	Yes
2D Echo (Requested by Cardiology)		2D Echo		Amniocentesis	
Anoscopy Diagnostic				Bone Scan	
Barium Enema		Bronchoscopy		CT Angiography	
Carotid Duplex Doppler (Venous and Arterial Doppler)		EEG (Electroencephalogram)		Dexa Scan	
Colonoscopy Screening and Diagnostic		IVP (Intravenous Pyelogram)		Event Monitor	
CT Scan (Cat Scan)				MRI / MRA / MRV	
*EKG/ECG - Electrocardiogram		VCUG – Voiding Cystourethrogram		Myelogram	
Endoscopy, Esophagogastro Duodenoscopy (EGD)				Nuclear Medicine	
Fetal Non Stress Test				Pet Scan	
Holter Monitor				PCI (Heart Cath)	
Labs				Tagged White/Red Cell Scan	
Mammogram Screening and Diagnostic				VQ Scan (Ventilation/Perfusion)	
Pulmonary Function Test					
Sigmoidoscopy					
Stress Test (Requested by Cardiology)					
Ultrasound/Sonogram, Includes OB Ultrasound and Nuchal Translucency – Includes VCMC Affiliates (Exception: Prior authorization is required if services will be performed by Perinatologist other than VCMC Affiliates)					
Upper GI					
X-Rays, Plain Films					

\*Requires Prior Auth if not emergent/urgent from PCP

\*\*Not an inclusive list

This is also located in our VCHCP Provider website:

<http://www.vchealthcareplan.org/providers/docs/PriorAuthorizationGuidelines.pdf>

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**A. Review & Revision History:**

Reviewed/Updates by: Faustine Dela Cruz, RN, Catherine Sanders, MD  
Committee Review: UMC: February 9, 2017; QAC: February 28, 2017  
Reviewed/Updates by: Faustine Dela Cruz, RN, Catherine Sanders, MD  
Committee Review: UMC: February 8, 2018; QAC: February 27, 2018  
Reviewed/Updates by: Faustine Dela Cruz, RN, Catherine Sanders, MD  
Committee Review: UMC: May 10, 2018; QAC: May 29, 2018  
Reviewed/No Updates by: Faustine Dela Cruz, RN, Catherine Sanders, MD  
Committee Review: UMC: February 14, 2019; QAC: February 26, 2019  
Reviewed/No Updates by: Faustine Dela Cruz, RN, Catherine Sanders, MD  
Committee Review: UMC: November 14, 2019; QAC: November 26, 2019  
Reviewed/No Updates by: Faustine Dela Cruz, RN, Howard Taekman, MD  
Committee Review: UMC: February 13, 2020; QAC: February 25, 2020  
Reviewed/Updates by: Faustine Dela Cruz, RN, Howard Taekman, MD  
Committee Review: UMC: August 13, 2020; QAC: August 25, 2020

<b>Revision Date</b>	<b>Content Revised (Yes/No)</b>	<b>Contributors</b>	<b>Review/Revision Notes</b>
2/9/17	Yes	Catherine Sanders, MD; Robert Sterling, MD, Faustine Dela Cruz, RN	Annual review; diagnostic mammogram and colonoscopy, sigmoidoscopy and CT scan changed to no authorization required
2/8/18	Yes	Catherine Sanders, MD; Robert Sterling, MD, Faustine Dela Cruz, RN	Annual review; added VCMC Affiliates – who can perform OB ultrasound/sonogram and nuchal translucency, without prior authorization.
5/10/18	Yes	Catherine Sanders, MD; Robert Sterling, MD, Faustine Dela Cruz, RN	Removed prior authorization of Holter monitor from non VCMC contracted providers. Added Zio Patch to the non-routine studies that always require PA.
2/14/19	No	Catherine Sanders, MD; Robert Sterling, MD, Faustine Dela Cruz, RN	Annual review
8/22/19	Yes	Howard Taekman, MD; Faustine Dela Cruz, RN	Moved Carotid Duplex Doppler (Venous and Arterial Doppler) to no prior authorization. Added anoscopy diagnostic under common studies, no prior authorization required. Removed prior authorization for Ziopatch.
2/13/20	No	Howard Taekman, MD; Robert Sterling, MD, Faustine Dela Cruz, RN	Annual review
8/13/20	Yes	Howard Taekman, MD;	Removed Stress Test under Less

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		Robert Sterling, MD, Faustine Dela Cruz, RN	Common Studies column.
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